



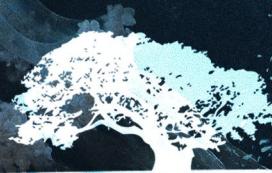
The  
**Moonlight Post**



# FULL MOON

I S S U E





The  
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*If the Mother Goddess has phases,  
then so can we. If She herself  
was not so wise in her Maiden  
years, then it makes it easier for us  
to forgive ourselves.*

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**Full Moons** are very important to us Wiccans. It shows the state of the Mother Goddess and how She moves from the Maiden stage to the Crone stage.

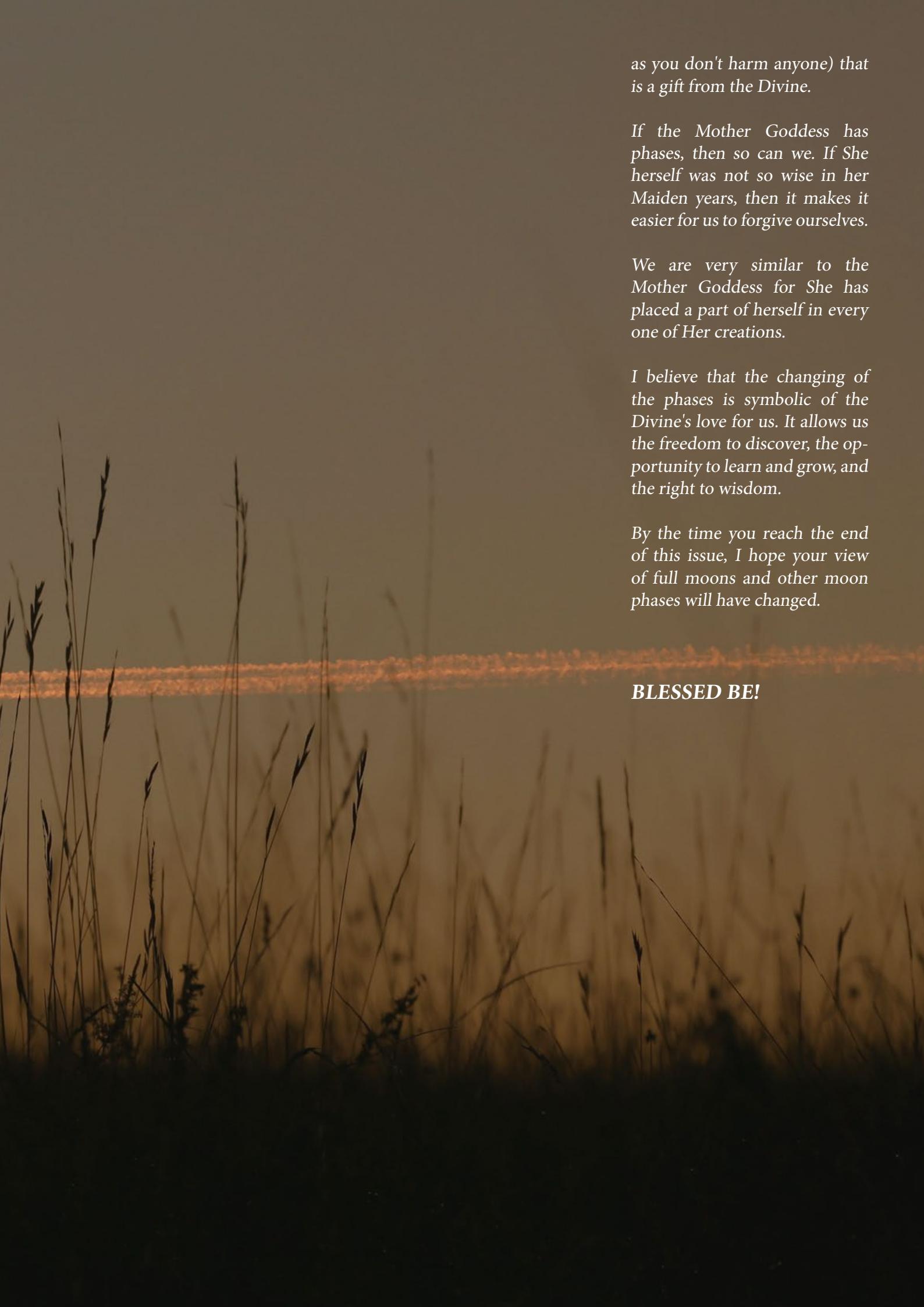
In Her different states, she teaches us what to focus on and in essence, is the meaning behind each full moon.

Every full moon has a name by which it is called. Our ancestors had special names for each full moon, depending on the tribe to which they belong.

It's wonderful to know the meaning behind full moon, for it shows you that hey, you go through stages, and you can start over, and you don't have to be stuck in the same pattern of behavior.

It is this freedom to do with your life as you please (so long





as you don't harm anyone) that is a gift from the Divine.

If the Mother Goddess has phases, then so can we. If She herself was not so wise in her Maiden years, then it makes it easier for us to forgive ourselves.

We are very similar to the Mother Goddess for She has placed a part of herself in every one of Her creations.

I believe that the changing of the phases is symbolic of the Divine's love for us. It allows us the freedom to discover, the opportunity to learn and grow, and the right to wisdom.

By the time you reach the end of this issue, I hope your view of full moons and other moon phases will have changed.

**BLESSED BE!**







JANUARY:

# WOLF MOON

The Full Moon in January is the Wolf Moon. It is named after howling wolves. Other names for this full moon are:

**MOON AFTER YULE  
OLD MOON  
ICE MOON  
SNOW MOON**

In January, the nights are long and dark, and many of us are trying to stay warm. In many parts of the world, it usually snows, which is why it's also called the Snow Moon.

Some of the native tribes of North America called this time the Wolf Moon, be-

cause this was when the wolves were howling for they were hungry.

This time of year, we're all feeling a bit slow and "off" as our bodies adjust to chillier temperatures. It could really get depressing since the days are shorter and it's just one of the



Magick of any kind can be quite a slog during this month. If you could just wake up to Summer, you would. But of course, that's not realistic.

As a witch, you owe it upon yourself to still keep on with the magick in the colder months just as you did during the summer months.

As the winter forces you to stay in, this allows you time to reflect and think deeply about how you want to live your life moving forward.

The full moon for the month of January is especially meaningful for those who have the wolf as their spirit animal. The forces are strong under this moon so if the wolf isn't your spirit animal, are there any qualities of the wolf that you would like to have for yourself? Would you like to strengthen your bond with the wolf?

You can center your magick around these and more.



you don't need and give them away. Don't let anything that you don't need occupy space in your life.

Do the same thing on a spiritual and emotional level -- teach your mind to let go of the things that are creating excess baggage for your spirit and soul.

## Correspondences:

**Colors:** Black and white, silver

**Gemstones:** Hematite

**Trees:** Birch, Hazel

**Gods:** Inanna, Freyja

**Herbs:** Thistle, nuts and seeds, marjoram

**Element:** Air

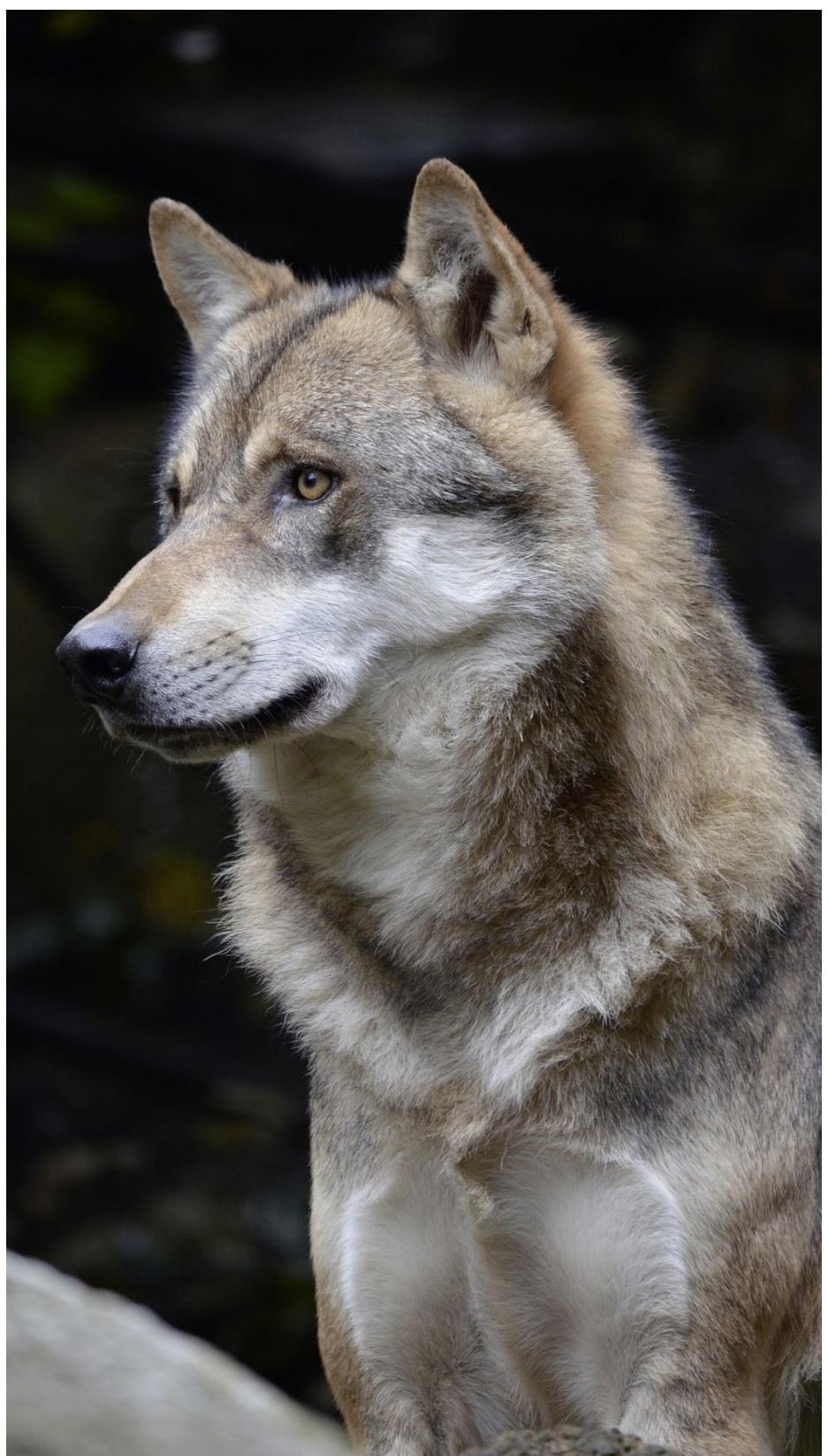


## WOLF MOON MAGICK

This is a good time to work on magick to develop your inner self, and advance spiritually, develop your intuition and wisdom, and becoming closer to the Divine.

Meditate and think about what it is you really want out of life. Do your best to overcome your lethargy and focus on your magick.

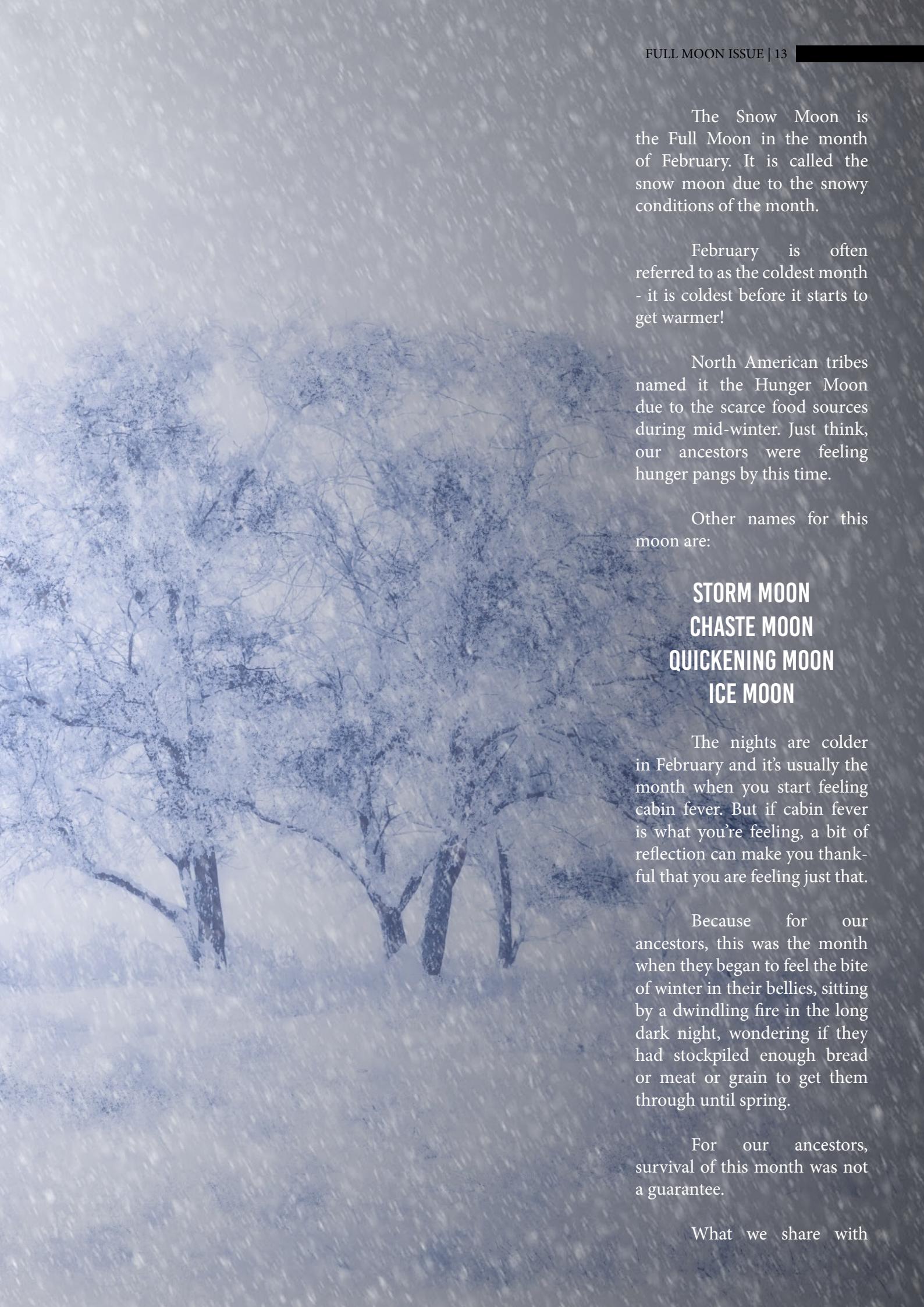
This is a month of simplification. Set aside everything





*FEBRUARY:*

# SNOW MOON



The Snow Moon is the Full Moon in the month of February. It is called the snow moon due to the snowy conditions of the month.

February is often referred to as the coldest month - it is coldest before it starts to get warmer!

North American tribes named it the Hunger Moon due to the scarce food sources during mid-winter. Just think, our ancestors were feeling hunger pangs by this time.

Other names for this moon are:

**STORM MOON  
CHASTE MOON  
QUICKENING MOON  
ICE MOON**

The nights are colder in February and it's usually the month when you start feeling cabin fever. But if cabin fever is what you're feeling, a bit of reflection can make you thankful that you are feeling just that.

Because for our ancestors, this was the month when they began to feel the bite of winter in their bellies, sitting by a dwindling fire in the long dark night, wondering if they had stockpiled enough bread or meat or grain to get them through until spring.

For our ancestors, survival of this month was not a guarantee.

What we share with

ancestors though is that we are craving for warmth by this time. We can use this longing as a driving force. If we can just hold on for a few more weeks, we are lucky enough to see the Earth come to life.

## WOLF MOON MAGICK

This is a month when the Earth is about to come alive. Pregnant animals, due in the spring, begin to feel the

quickening of their unborn young.

The earth itself is quickening, as seeds and bulbs far beneath the soil begin their journey towards the light.

This is the perfect time to make plans for the future. Center your magick around dreams, ambition, career, education, health, etc. Magical workings this month should focus on personal achievements and advancement.

Set goals for yourself as early as now and accept responsibility for mistakes you've made in the past, and move on from them. Do not let them bring down by carrying them with you into the Spring.

Perform a meditation and perform a self-evaluation. This is the year to make big changes. A bit of reflective meditation is a good way to gain focus not only on what you hope to achieve, but the



path you'll need to take to make things happen.

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Another thing to focus your magick on is the importance of darkness to balance things out. Without darkness, there is no joy for light. Think about what brings darkness to your life, and recognize that if you never faced the dark, you'd have far less appreciation for the light. Without tough times, you are robbing yourself of the opportunity to gain wisdom.

This is also a season of hearth and home. Plant seeds as a preparation. Express your creativity by creating something...crafts maybe? Develop your skills and hone your talents, and channel that creativity into magical purposes.

## Correspondences:

**Color:** purple and blue

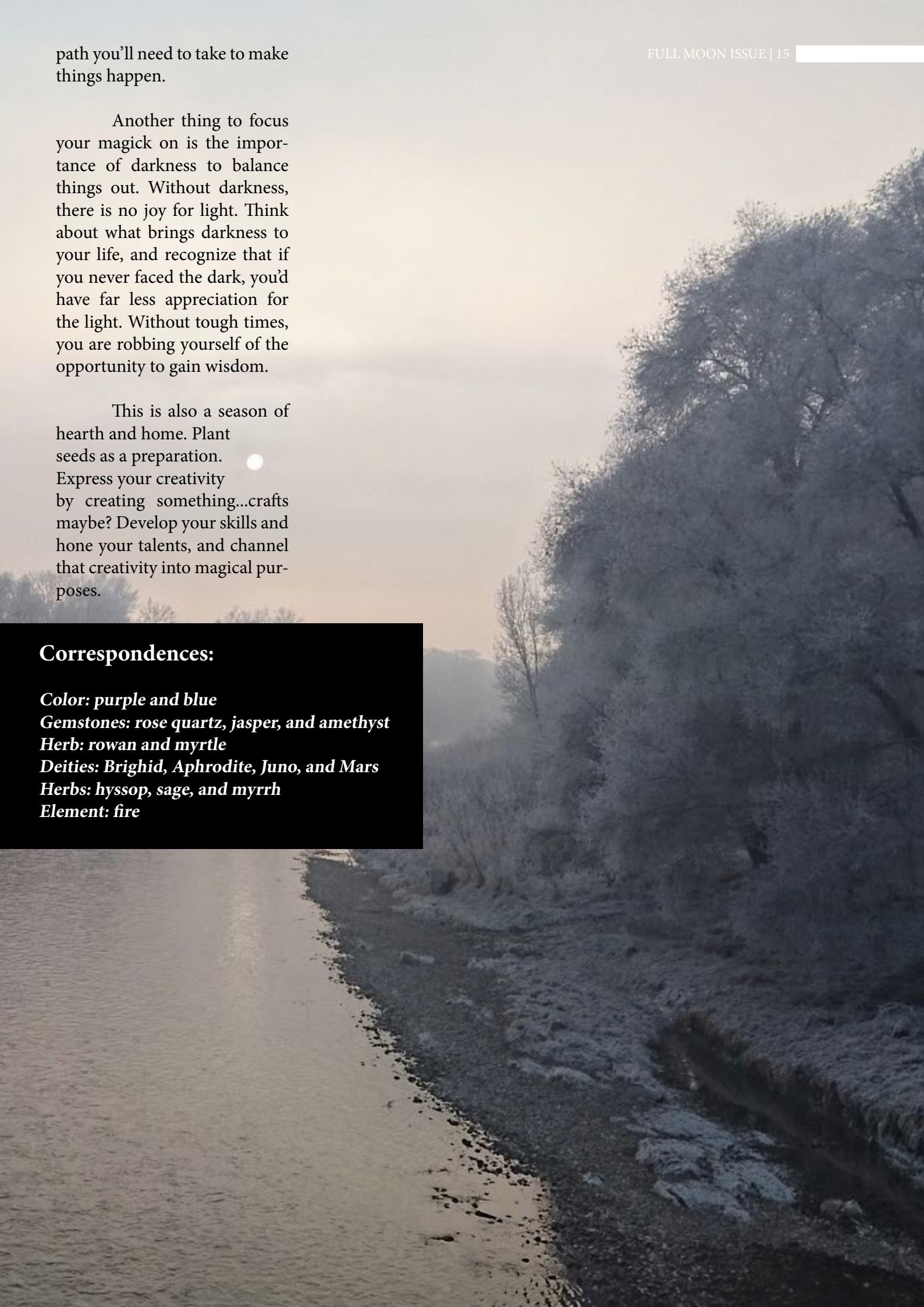
**Gemstones:** rose quartz, jasper, and amethyst

**Herb:** rowan and myrtle

**Deities:** Brighid, Aphrodite, Juno, and Mars

**Herbs:** hyssop, sage, and myrrh

**Element:** fire







The time of the full moon in March occurs just in time for Spring, which is why magick around this time is centered on new beginnings and growth and change.

The full moon for the month of March goes by the names:

## STORM MOON WORM MOON

It's the time of the Worm moon and if you like around, you will see the Earth is slowly coming alive. It's

*MARCH:*

# WORM MOON

called the Worm moon for the worms start to burrow from the ground, as living things come sprouting from the ground after the colder months.

As the Wheel of the Year turns once more, there will be heavy rains to assist in giving life to everything on Earth, which is why our ancestors also called this moon the storm moon simply because they experienced a lot of storms during this time. The weather could be very predictable in the month of March.





## WORM MOON MAGICK

The element to work with this month is water, for it is essential to a fertile and healthy growing season. The summer equinox also occurs around this time, which is why it is also a time of equal parts light and darkness. Magickal workings can focus on balance, prosperity, rebirth, fertility, and growth.

You can celebrate by tending to your garden. Maybe it's time to plant seeds so you can sow them in time. Not just the physical tending, you

can start thinking of what you would like to grow in your life. Is there something you want to pursue like further studies or a new career?

Think of what you would like now that you are given an opportunity to start anew. This is also a fertile season and a season of prosperity, and the forces are going to work with you to achieve what you want.

If you want something to change in your life, then



now is the time more than ever to start planning for those big changes - planting the seeds. Those plans are not going to take off without proper planning before you take the leap.

If you want to want a promotion, better start mapping out how you could achieve that. If you want to be in a romantic relationship but your dates lead nowhere, think of what may be putting other people off. If you want more friends, start planning how you are going to put yourself out there and reach out to people. If you want further studies, start researching for student loan programs to find out how you can make the dream into a reality.





The Worm Moon comes at an exciting time. There is so much possibility ahead and it would be a huge mistake to let the season pass without doing anything about it.

### Correspondences:

**Colors:** Green, yellow, light purple

**Gemstones:** Bloodstone, aquamarine

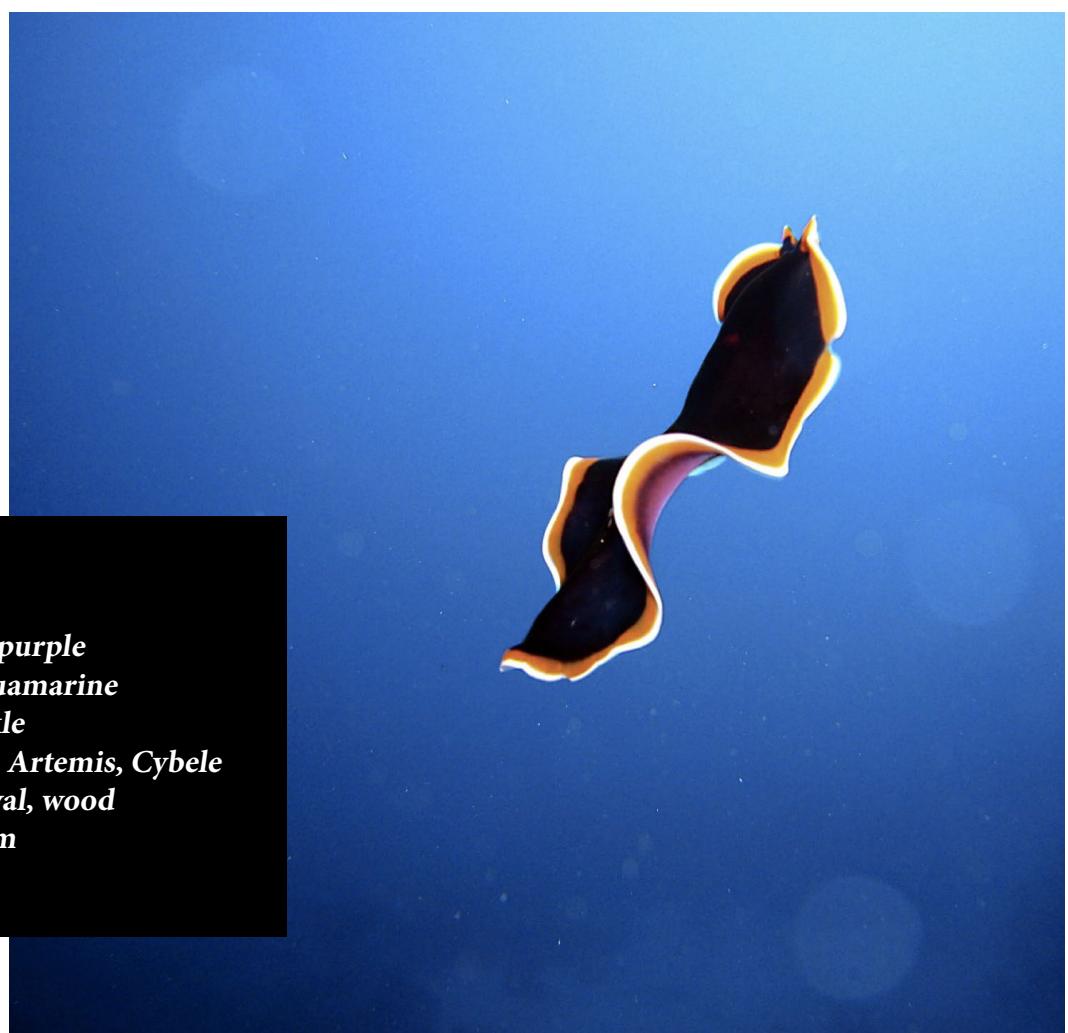
**Trees:** Dogwood, honeysuckle

**Deities:** Isis, the Morrighan, Artemis, Cybele

**Herbs:** High John, pennyroyal, wood

betony, apple blossom

**Element:** Water



The background image shows several wind turbines with blades silhouetted against a vibrant sunset or sunrise sky. The colors transition from deep blue at the top to bright orange and yellow near the horizon. The turbines are positioned in the center and left side of the frame.

APRIL:

WIND FULL  
MOON

A large, semi-transparent watermark of a wind turbine is positioned in the lower right corner of the page. The turbine is black and stands tall against a background of a cloudy sky at sunset or sunrise, with warm orange and yellow hues visible.

In April, the thunderstorms of March are beginning to subside. The wind starts to gather speed and are being blown about to spread life around, which is why the full moon for this month is also called the seed moon.

As a form of magick, you can plant some seeds in your garden. The very act of planting, of beginning new life from seed, is a ritual and a magical act in itself.

To cultivate something in the black soil, see it sprout and then bloom, is to watch a

unfold before your very eyes.

The full moon for this month is called by the following names:

**WIND MOON  
SEED MOON  
HARE MOON  
FISH MOON**

If you look around, you will see that the trees now have buds and the flowers are growing, the birds are nesting. Much like March, this is a time of conception and

and fertility and new growth. It is also the month of the hare, for the hare is a sacred animal associated with springtime and fertility in Roman legends.

Our ancestors would call this full moon the Fish Moon, for it is the time when the fish would come rushing back upstream to spawn.



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## MAGICK FOR THE SEASON

Magick for this month is focused on creating and producing. Just as what the Earth is doing. You can also focus on self-confidence and self-reliance. It's also a time of control in terms of temper and emotions, just as the thunderstorms are starting to die down, so can you let your outbursts die down.

While April does tend to be a wet and soggy month, it is not all bad for you can gather the rainwater - just as our ancestors did - and use it in your spellwork and magick.

Rain that accumulates



during a soft, light drizzle can be used in rituals for calming and meditation. Water that comes from a deluge has a lot of energy in it – use this for workings related to power, courage, fierceness, and assertiveness.

## THE MAGICK OF WIND

Being a very windy month, now is a good time to time your magick according to which direction the wind is blowing.

For instance, the North Wind is associated with cold, destruction, and change. If there is anything you need to change, perform magick when

the wind is blowing North.

The South Wind, in contrast, is connected to warmth and the element of fire, which in turn is associated with passion and power. Fire is a destroyer, but it also creates. What is it that you are passionate about that you want to create?

The winds of the East are often associated with new beginnings. Focus on new careers, education, or other aspects of your life that are related to communication and your intellect. Is there anything you want to improve on or study further?

Finally, the West Wind is tied to the cleansing and healing powers of water. Focus on healing magick to get rid of anything causing you pain.

## Correspondences:

**Nature Spirits:** faeries

**Element:** Air

**Herbs:** basil, chives, dragon's blood, geranium, thistle, dandelion, milkweed, dogwood, fennel, and dill

**Colors:** red, gold, yellow, and blue

**Flowers:** daisy, sweet pea

**Scents:** pine, bay, bergamot, patchouli

**Stones:** ruby, garnet, quartz, selenite, and angelite

**Trees:** pine, bay, hazel, forsythia, lilac, and willow

**Animals:** bear, wolf

**Birds:** hawk, magpie

**Deities:** Kali, Hathor, Ceres, Ishtar, Venus, Bast, Tawaret, Herne, and Cernunnos









MAY:

# FLOWER MOON







## Why is the May Full Moon Called the Flower Moon?

Once April's rains and winds have subsided, the sun begins to warm up the earth which means you can now sow your crops. It's time to start putting about in your garden and dip your hands in the soil.

Spring is a time of fertility and witches all over to celebrate once the sun goes down with a big bonfire ceremony. This is also the time of Beltane.

The temperatures are warm enough and the end to the late frosts are nearing and the plants are slowly blooming, hence, the name "Flower Moon."

The Flower Moon also tells us humans that just like the flowers, it is time for us to blossom, to grow day by day by soaking up the sun's rays, and to gather our energy from it.

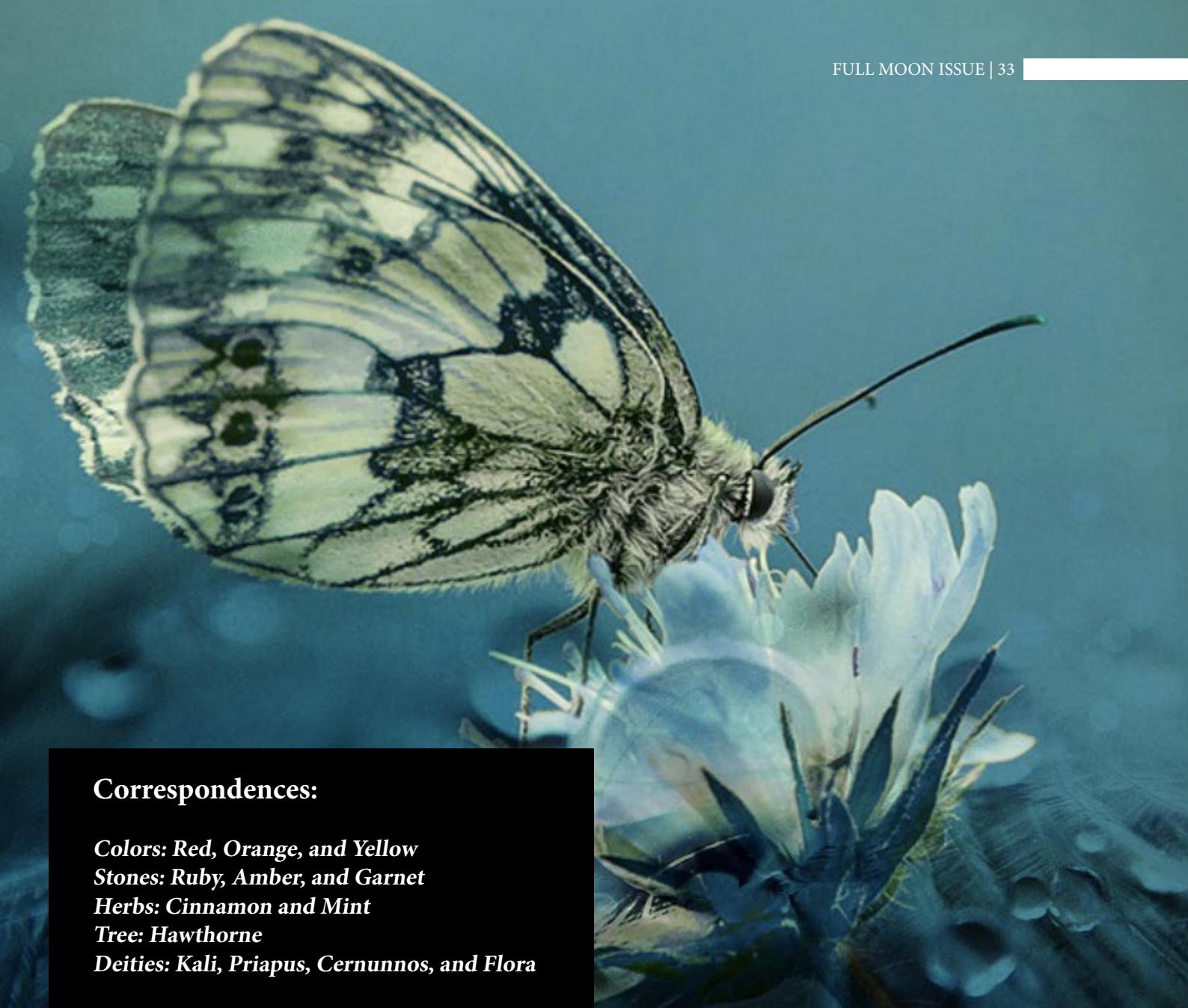
Different tribes had different names for the Flower Moon such as:

**MOTHER'S MOON  
MILK MOON  
CORN PLANTING MOON  
BLESSING MOON  
BRIGHT MOON**

It is also called the corn planting moon for it is the time when our ancestors would plant corn. And it's called the

bright moon for it is one of the brightest of all full moons.





## Correspondences:

**Colors:** Red, Orange, and Yellow

**Stones:** Ruby, Amber, and Garnet

**Herbs:** Cinnamon and Mint

**Tree:** Hawthorne

**Deities:** Kali, Priapus, Cernunnos, and Flora

# FLOWER MOON MAGICK

This full moon is pregnant with energy and symbolizes the Mother Goddess. You should take advantage of this high level of energy during this time for the spells you cast and the magick you perform will become 10x more powerful during the flower moon!

This is perfect time for magickal workings related to:

Divining and protection  
Healing  
Abundance  
Prosperity  
Career

If you have rune stones, pendants and crystals that need charging, this is the perfect time to charge them to draw power from the moon.

## RENEWAL

The Flower moon will shine a light on our darkest days and illuminate the deep-

est and darkest corners to allow the light to reach the darkest places where your shame, guilt, and regrets lie.

The Flower Moon will assist you in shedding your outer skin as a form of renewal. Use this as a time to reflect and assess your life.

You are given the chance to heal, and so it's time to let go and prepare yourself for your new life and for the new you.

Be reborn and experience being under the full and bright light of the Flower Moon and its great potential for change.

*JUNE:*

# STRONG SUN MOON

The Full Moon for the month of June is called the Strong Sun Moon. By June, the thunderstorms and cold season is over and the sun has finally taken over. The fields are growing and this is the time of the summer solstice.

The full moon for this month is also called the Strawberry moon. It is in honor of the strawberries that bloom during this season.

The flowers have bloomed and you can see early summer fruits and vegetables, specifically strawberries. The days are getting longer and longer.

The conditions now are a far cry from the darkness of winter, and this is the time



when people spend a lot of time outdoors and enjoy their time in the sun.



It's a time for bonding with friends and family, being active, connecting with Nature by spending time in Nature.



This is the time to nurture your relationships, your garden, your career, and your soul.



This full moon also goes by the names:

**ROSE MOON  
BUCK MOON  
LOVER'S MOON  
HONEYMOON  
STRAWBERRY MOON**

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## **STRONG SUN MOON MAGIC**



Because the nights are short, June is also the perfect time to tap into solar energy. Take advantage of this by staying outside later than normal, embrace the power of the sun, charging your stones, runes, and crystals under the light of the sun.



The sun has immense cleansing powers that you should take advantage of.



Magick for this month should focus on nurturing, maintaining and enhancing things that you already have.

It could mean tending to your garden, nurturing your talents, being with your friends and appreciating them, show-



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ing your family gratitude, and affirming your positive traits to yourself.

You can focus on things that improve your job or education, as well as your relationships with family and friends. Host a barbecue at home, go to the beach, get a tan!

Do something nice for yourself and don't feel guilty for treating yourself. Go on a short vacation, stop spending time indoors and on your laptop and always looking down at your cell phone ( haven't you had enough of that during the colder months?

While the days are

longer, it's time to let it all soak in and spend as much time as you can outside. Welcome love into your life. And love yourself. For the more love you have, the more you can give.



Focus on the power of the sun to help with spells and rituals related to strengthening yourself mentally and spiritually.

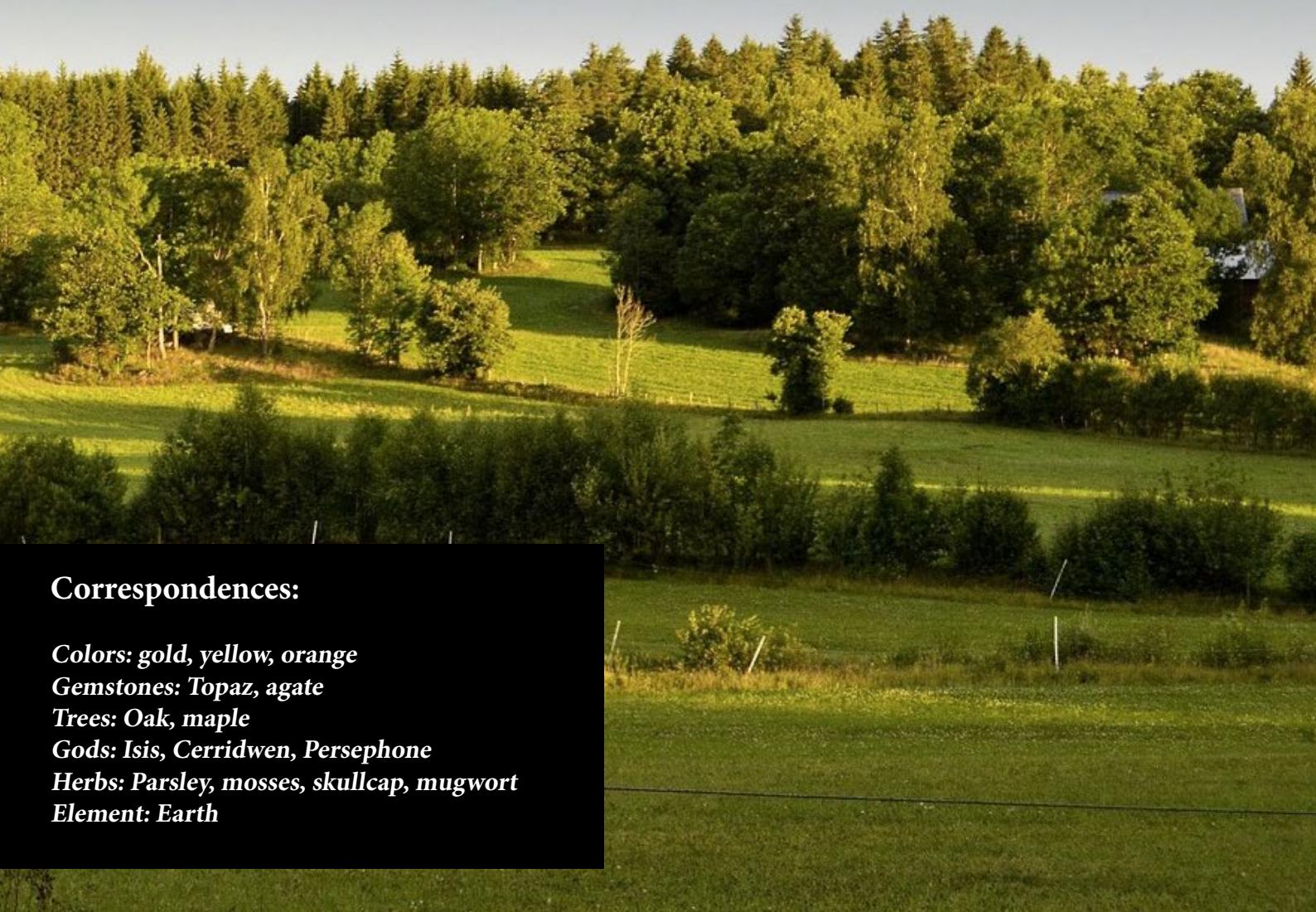
Spend as much time outdoors as possible - it's not only good for your emotional well being, it also can help you feel better physically!

If you've been dealing with issues in your personal life that are rooted in indecision or

uncertainty, this is a good time to finally make a decision and simply trust your intuition.

Do things that make you feel sensual and sexy, affectionate and abundant...remember, this season won't last forever!





## Correspondences:

**Colors:** gold, yellow, orange

**Gemstones:** Topaz, agate

**Trees:** Oak, maple

**Gods:** Isis, Cerridwen, Persephone

**Herbs:** Parsley, mosses, skullcap, mugwort

**Element:** Earth





*JULY:*



A large, bright yellow full moon rises in a dark orange sky, partially obscured by the silhouettes of bare trees in the foreground. The moon is framed by a thin black rectangular border.

# BLESSING MOON

July's full moon is known as the Blessing Moon. We are in the middle of summer, and it is hot! We are often a bit sluggish during July, and we find ourselves indoors than outdoors compared to the earlier months, which is why it is a good time of the year to focus on meditation and reflection.

It is also called the buck moon for this is the time when the new antlers emerge from bucks' foreheads.

It is the Thunder Moon because of the frequent thunderstorms in the summer. It is also the Hay Moon, after the hay harvest that takes place in July, or Wort Moon, because July is the time to gather herbs (worts) to dry and use as spices



and remedies

This full moon is also known as:

**MEADOW MOON  
BUCK MOON  
THUNDER MOON  
HAY MOON  
WORT MOON**

Despite the heat, this is still a season of blessings. It's the time when you start to see fat tomatoes form on the vine, plump peppers, watermelons, and the beginnings of squash for later harvesting.

The flowers are also blooming, and corn stalks are on their way to being tall and bountiful. If you have herbs growing in your garden, you may now harvest and dry them for later magickal use.



## BLESSING MOON MAGICK

This is a great time to do meditation, reflection, divination and dreamwork. For a bit of moon magick divination, consider doing some water scrying under the full moon.

If you've ever thought about creating a dream journal, this month is a good time to start one. Dreams can be prophetic and they portend of things to come. They can be therapeutic, a way of our subconscious to make you see problems that need to be taken care of.

Write down your dreams so you can try to interpret their messages later, and see how they'll apply to your life in the coming months.

You may relax and settle into a meditation state with the watery energy of the Blessing Moon. If you garden, get outside and spend some time in it. You may do some weeding and as you do it, enter into a meditative state.

As you pull the weeds, think of the things that you need to pull out from your life that





*AUGUST:*

# CORN MOON





The full moon for august is called the sturgeon moon. It was named by the Native American tribes as such because the sturgeon of the Great Lakes and Lake Champlain were caught during this Full Moon.

But the name varies according to which tribe you belong to. The sturgeon moon comes from the Algonquin tribes that populated the Northeast and East Coast of the United States.

This full moon is also called:

**FULL GREEN CORN MOON  
CORN MOON  
WHEAT CUT MOON  
BLUEBERRY MOON  
BARLEY MOON**

It also called the corn moon because it is associated with grains and harvest. The colder months are just around the corner and now is the time to harvest in time for storing.

# AUGUST FULL MOON MAGICK MENU:

August magick is focused on food preparation. As a kitchen witch knows so well, whatever she or he prepares in the kitchen is also a form of magick. It's not only potions, tinctures, and brews, but also actual food to eat.

Here are some ideas for magickal food you can prepare during the Corn Moon:

- *[Tomato Soup](#)*
- *[Corn soup](#)*
- *[Corn bread](#)*
- *[Basil, Spinach & Pepper Pizzas](#)*
- *[Sturgeon](#)*
- *[Wheat bread](#)*
- *[Blueberry pie](#)*
- *[Blueberry cupcakes](#)*





Make sure you prepare the food and sprinkle them with your own magickal concoction. Add a personal touch, for that is what makes food preparation more special. And that's where magick in food preparation lies.

## AUGUST FULL MOON MAGICK SPELLS

August was about harvesting crops or catching fish for our ancestors. And

when they did, they shared whatever they harvested and caught with others.

Our magick spells for this month should focus on generosity and sharing. And it's not all about food.

You have a special talent that was given to you by the Mother Goddess, and with that, you have the power to share it with those who struggle in that area.

Spells should focus on sharing abundance with

others and of wishing abundance for others. This is the time for magick that helps people who are hungry, cold, and less-fortunate. Magick doesn't have to be in the form of rituals and spells; magick is also an act, which means volunteering and donating are also a form of magick.

Think of what sacrifices you can make today that will benefit others?

### Correspondences:

**Colors:** Yellow, red, orange

**Gemstones:** Tigers eye, carnelian, garnet,  
red agate

**Trees:** Cedar and hazel

**Gods:** Vulcan, Mars, Nemesis, Hecate,  
Hathor, Thoth

**Herbs:** Rosemary, basil, rue, chamomile

**Element:** Fire

**Flowers:** gladiolas, poppies and sunflowers

**Stones:** sardonyx, peridot and cat's eye



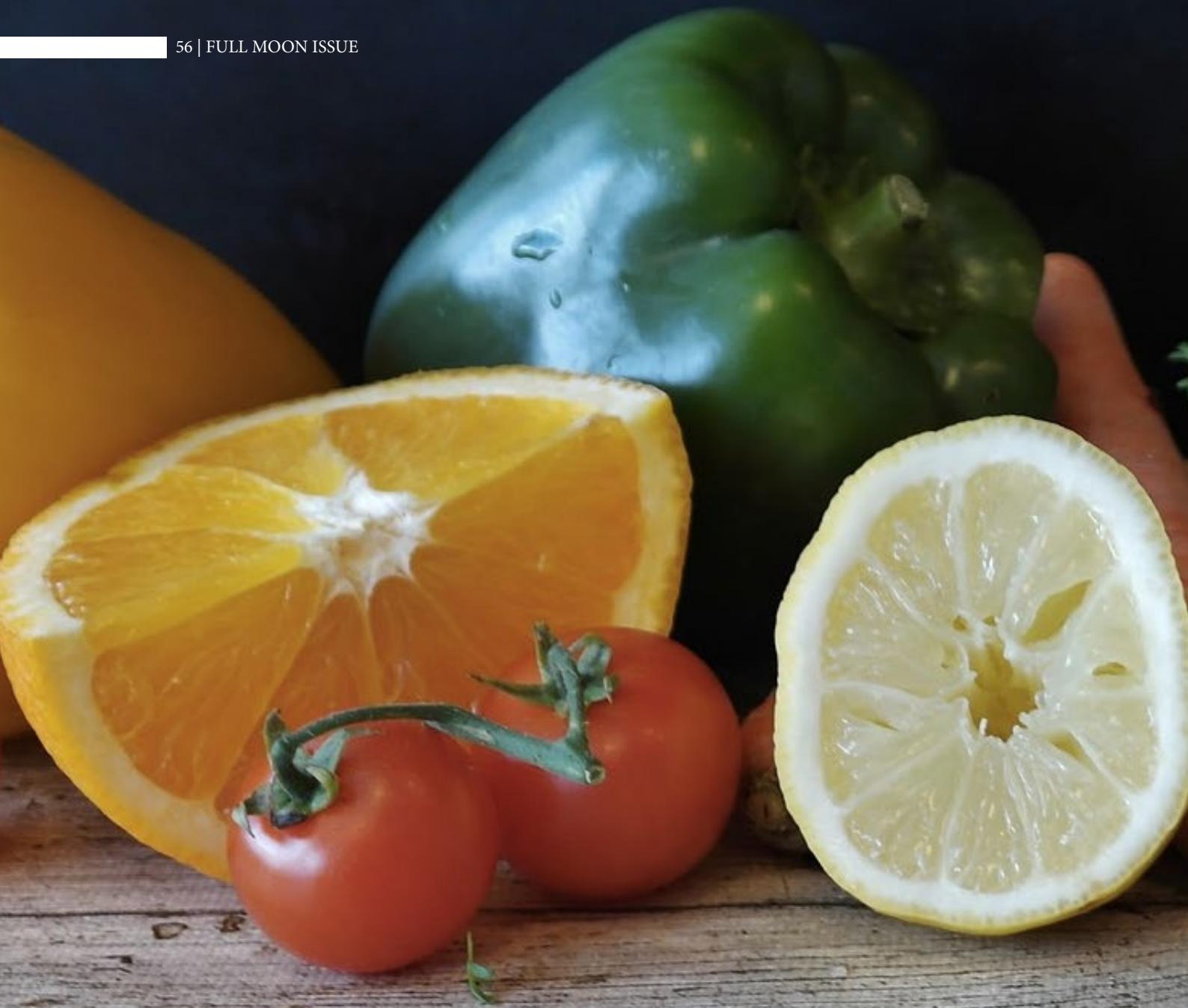












*SEPTEMBER:*

# HARVEST MOON



September is the time of the Harvest Moon. For our ancestors, this was a time when they gathered the last remaining crops and stored them for the winter.

How much they store and how they properly store it is vital to their survival in the winter, when there are no crops and when it's freezing cold.

It is starting to get a little colder as the sun slowly

moves farther from us. It is the season of Mabon too, the autumn equinox.

This full moon is also called the:

### **WINE MOON SINGING MOON**

September is when we celebrate hearth and home. It's when we prepare for the arrival of the colder months, just as

our ancestors did.

As it gets colder, use this period to clear out clutter in your home and in your mind and body. Remember, you will be inside most of the time for the colder months, so do not be bringing any negativity that you ought to have gotten rid of during the warmer months.

No one wants to be cooped up with negativity swirling around, right?

## HARVEST MOON MAGICK

The harvest moon comes out to remind you to reap what you have sown. The warmer months allowed you to sow some seeds and now is the time to reap them!

It could be a new habit or a new hobby. It could be positive attributes and special skills. Whatever you have been working on the past few months, now is the time to take a step back and see how you have grown.

Magick for this month is about increasing your harvest physically, mentally, spiritually, and emotionally, and giving thanks to the Divine for allowing you to grow and be better.



If there is anything at all that you would like to have more of, and if you would like illumination, then this is the perfect time to cast spells in service of that.

As a preparation for the colder months, use this time to stockpile magickal supplies and ingredients. More time indoors means more time to cast spells and perform rituals. You are going to spend an inordinate

time  
in the  
kitchen  
as well.

*The warmer months allowed you to sow some seeds and now is the time to reap them!*

Lastly, with all the abundance that you have sown, always remember to share it with others. Maybe you can teach someone else how to play the piano or you can dedicate more time to helping others. Since you're clearing clutter, you can donate what you no longer need.

*Magick for this month is about increasing your harvest physically, mentally, spiritually, and emotionally, and giving thanks to the Divine for allowing you to grow and be better.*

This is the perfect time to pay it forward. And if you do this, the Mother Goddess will beam with so much happiness.

## Correspondences:

**Colors:** Browns and greens, earth tones

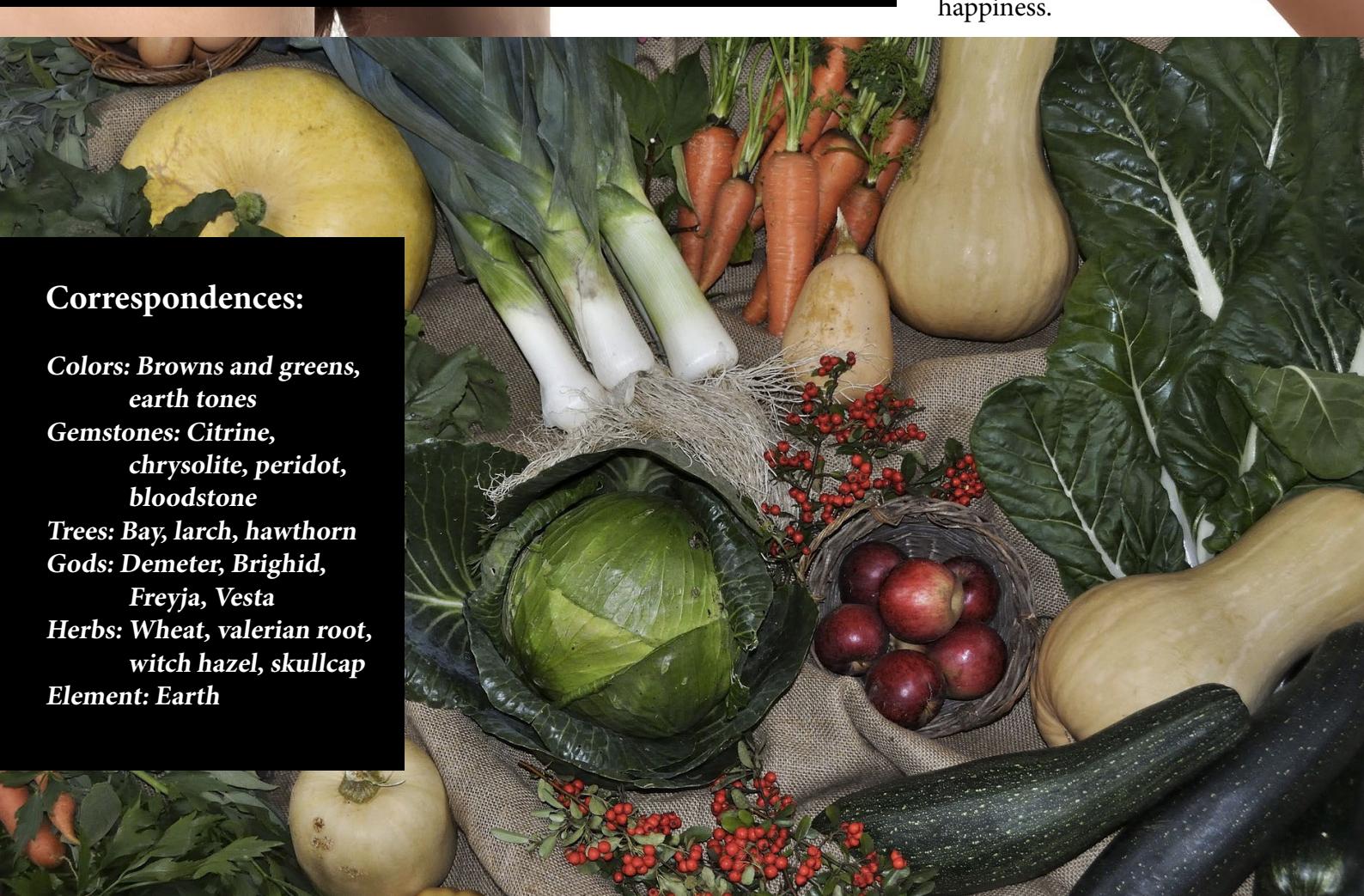
**Gemstones:** Citrine, chrysolite, peridot, bloodstone

**Trees:** Bay, larch, hawthorn

**Gods:** Demeter, Brighid, Freyja, Vesta

**Herbs:** Wheat, valerian root, witch hazel, skullcap

**Element:** Earth





*OCTOBER:*

# FULL BLOOD MOON

The full moon for the month of October is the blood moon. This is the full moon that leads up to Samhain, so this is a highly charged night with super strong vibrational energies.

You can recharge your tools just in time for Samhain for all the spell casting you will do.

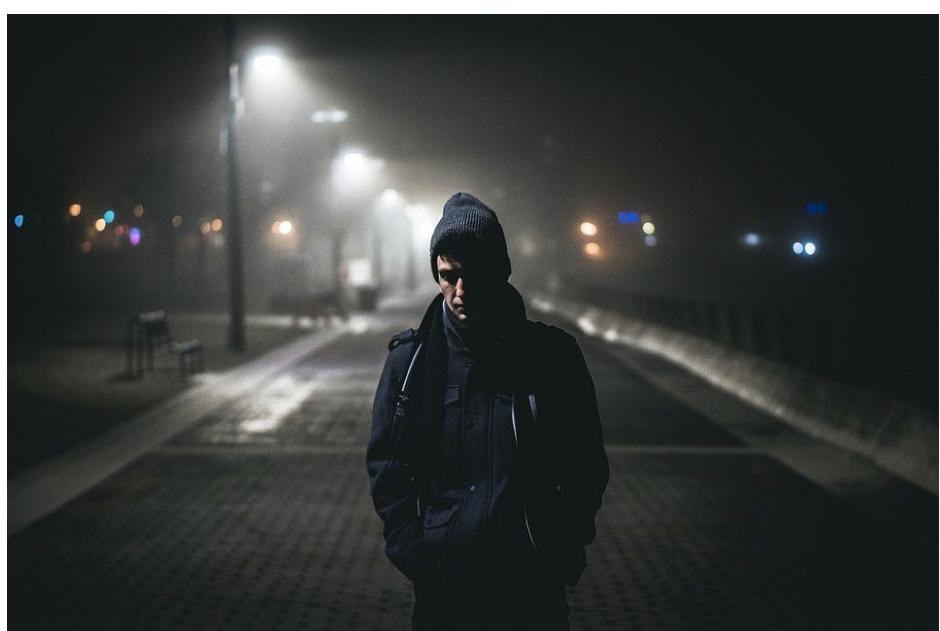
It also goes by the names of:

**HUNTER'S MOON  
FALLING LEAF MOON  
SHEDDING MOON**

## HISTORY

For our ancestors, this was the Hunter's Moon - named after the hunting season which is now. They would hunt this time and store and preserve as much as they can for the coming Yule. Our ancestors would be stocking up on provisions and planning for the winter to ensure their survival.

The darker and colder nights are a serious thing for our ancestors - a matter of life and death. Fail to plan accordingly for the colder months and they could freeze or starve.





## BLOOD MOON MAGICK

Despite its bloody name, the full moon for October is an ideal time for spells that promote courage, boldness, fierceness, and self-assurance.

It's time for magick to give you the confidence and self-belief that will make you try new things, learn new

things, and grab opportunities that you've felt are a little out of your league.

As your ancestors did, prepare for Yule by making sure you stock up on the best thoughts, ideas, and hobbies, so that when you emerge from Yule, you are much better than you were before the season.

Figure out how you're going to continue casting your spells during winter. Stock up on smudge sticks, incense sticks, herbs, candles, etc.

You will be spending much more time indoors when during the colder months and the best thing you can do is to engage in worthwhile thinking and activities and magick.

# OFFERING TO ANCESTORS

Being that it's the full moon before Samhain, you may want to offer a little ritual to honor your ancestors. Learn about your family members who have long passed.

Decorate your altar with symbols of ancestors and Samhain, as well as with items that help you connect to your ancestors who have passed.

Also, don't forget to honor your living family. Have dinner together and spend as much time as you can. You can even have a ritual together.

Samhain is the time when the veil between our world and the spirit world are at its thinnest. Use this time wisely.



## Correspondences:

**Colors:** Dark blue, black, purple  
**Gemstones:** Obsidian, amethyst, tourmaline  
**Trees:** Apples and yew  
**Deities:** Herne, Apollo, Cernunnos, Mercury  
**Herbs:** Apple blossom, pennyroyal, mint family, catnip, Sweet Annie  
**Element:** Air

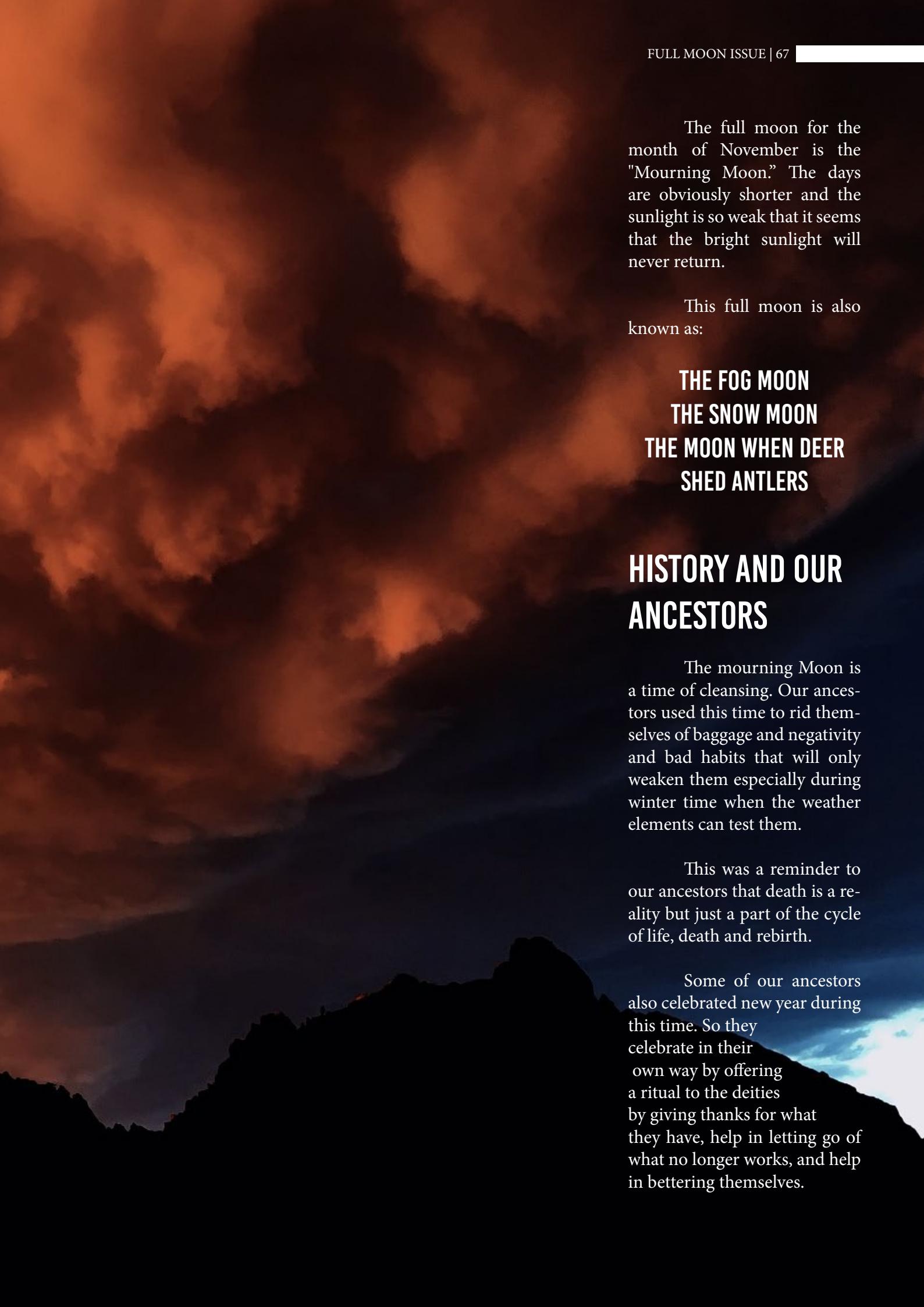




*NOVEMBER:*

# MOURNING MOON





The full moon for the month of November is the "Mourning Moon." The days are obviously shorter and the sunlight is so weak that it seems that the bright sunlight will never return.

This full moon is also known as:

**THE FOG MOON  
THE SNOW MOON  
THE MOON WHEN DEER  
SHED ANTLERS**

## **HISTORY AND OUR ANCESTORS**

The mourning Moon is a time of cleansing. Our ancestors used this time to rid themselves of baggage and negativity and bad habits that will only weaken them especially during winter time when the weather elements can test them.

This was a reminder to our ancestors that death is a reality but just a part of the cycle of life, death and rebirth.

Some of our ancestors also celebrated new year during this time. So they celebrate in their own way by offering a ritual to the deities by giving thanks for what they have, help in letting go of what no longer works, and help in bettering themselves.

## MOURNING MOON MAGICK

For Pagans, specifically the Celts, November was the start of the new year, which is why magick for this time is to celebrate new beginnings and starting over.

Magick is getting rid of mental and spiritual and emotional baggage and letting go of things that don't do you any good.

Doing so allows you to focus on the possibilities that the future brings. By being swept clean in the present, allows for all forms of new things.

Get rid of bad habits and toxic relationships and get a fresh start for the new year.

Think of the fears and the worries that are holding you back and the bad habits that are



negatively affecting your mental and physical and emotional health. Your spirit is also suffering from all the ways you are harming yourself.

Think of all these things, write them on a piece of paper, and perform a ritual to let go of them. Bid bye bye to things that do you no good and just prevent you from growing.

While you should think of those you wish to let go, also think of things that you want for yourself. Want to be more generous? Want to be more positive? Want to be more outgoing and friendly? Want to have healthier eating habits? Want to be more active?



*You are  
going to need  
new things to  
replace those you  
are letting go.*

Write down on a piece of paper what new things you want for yourself this new year -- not just material things but more in the form of habits, traits, characteristics.

Perform a ritual and hold on to this list by placing it on your night table or wherever you will see it on a daily basis.

Each morning when you wake up, and every night before you go to bed, read your list.

You can do this!

### Correspondences:

**Colors:** Gray, blues

**Gemstones:** Lapis lazuli, turquoise, topaz

**Trees:** Cypress, alder, hazel

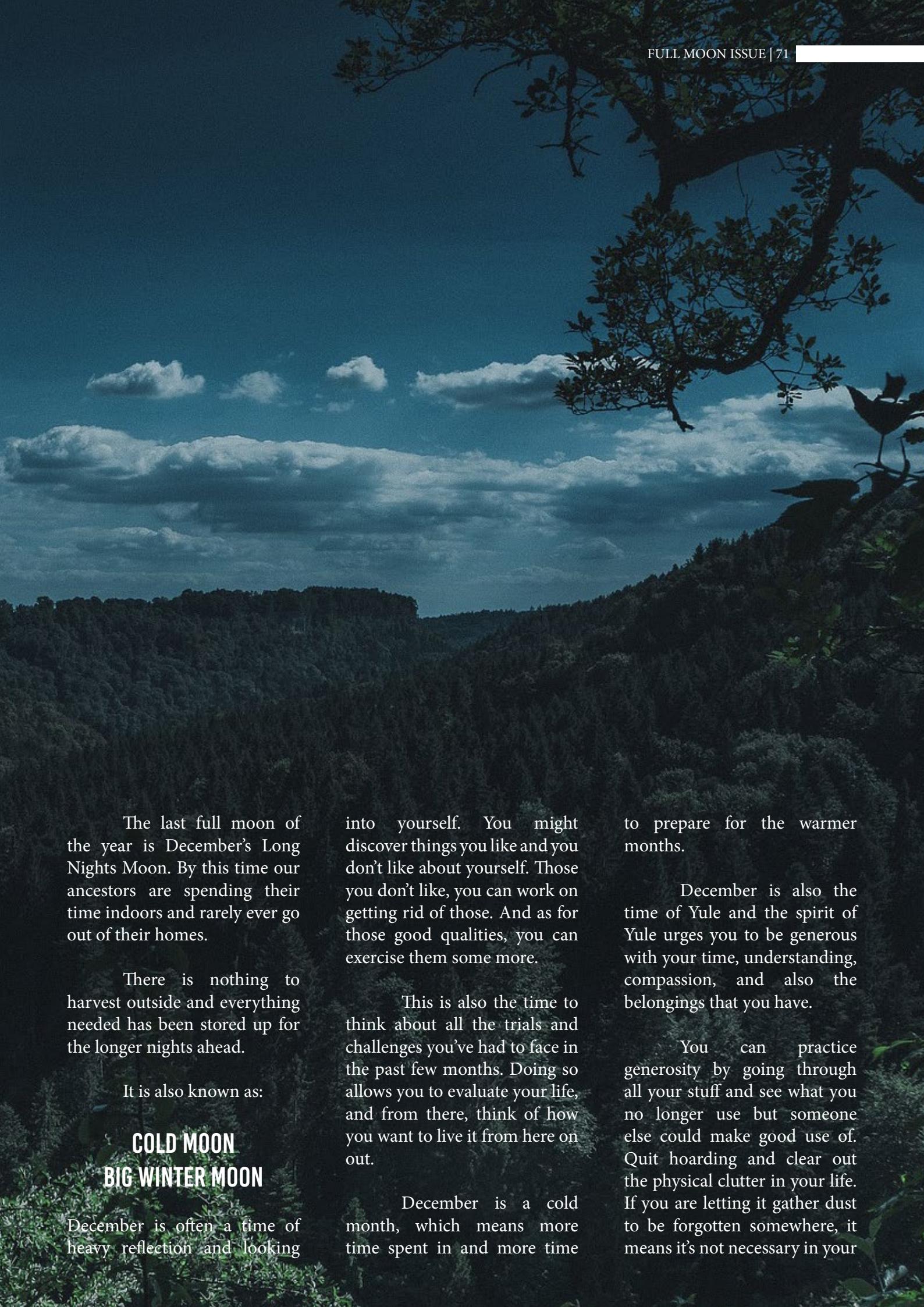
**Gods:** Bastet, Isis, Kali, Hecate, Astarte

**Herbs:** Thistle, betony, verbenae, fennel

**Element:** Water

*DECEMBER:*

# LONG NIGHTS MOON



The last full moon of the year is December's Long Nights Moon. By this time our ancestors are spending their time indoors and rarely ever go out of their homes.

There is nothing to harvest outside and everything needed has been stored up for the longer nights ahead.

It is also known as:

## COLD MOON BIG WINTER MOON

December is often a time of heavy reflection and looking

into yourself. You might discover things you like and you don't like about yourself. Those you don't like, you can work on getting rid of those. And as for those good qualities, you can exercise them some more.

This is also the time to think about all the trials and challenges you've had to face in the past few months. Doing so allows you to evaluate your life, and from there, think of how you want to live it from here on out.

December is a cold month, which means more time spent in and more time

to prepare for the warmer months.

December is also the time of Yule and the spirit of Yule urges you to be generous with your time, understanding, compassion, and also the belongings that you have.

You can practice generosity by going through all your stuff and see what you no longer use but someone else could make good use of. Quit hoarding and clear out the physical clutter in your life. If you are letting it gather dust to be forgotten somewhere, it means it's not necessary in your



A dark, atmospheric landscape featuring a large, leafless tree on the left side. The background is a hazy, reddish-brown sky, suggesting either dawn or dusk. The foreground is a dark, textured ground.

life. You can donate to a Good-will or a Salvation Army.

In order for you to survive the darkest and coldest times, make sure you are not cooped up with negative thoughts, ideas, and feelings. It is such a waste of the season if this happens to you. To survive times like this, you should get rid of excess baggage you've been toting around. Once you've put the darkness behind you, take your good fortune and share it with others.

You'd be surprised to know that to deal with the cold and frigid temperatures, you can simply open up to other people and it will fill you with the kind of warmth that no other blanket, no matter how thick, could bea

## DECEMBER LONG NIGHTS MOON MAGICK

Magick during this full moon focuses on self-discovery and willingness to change. As you evaluate yourself and your life, you will realize what you want to be.

Examine your life and the relationships you have with other people. Be honest with yourself as to how you are making use of your talents. Are you making good use of the gifts that you have or are you allowing them to waste away? Are you caring for your relationships or are you so turned inward that you forget to give time and attention to others?

If there's anything at all that has been pulling you down the past months, now is the perfect time to release and let go of it.



Cast spells that pertain to things you want to get rid of and things that you aspire to by writing the things you want to get rid of on a piece of paper. Think about how you want to live your life moving forward. Sit under the light of the full moon, and burn the paper, scattering the ashes into the breeze.

Head outdoors and fill a cauldron or chalice with water and perform scrying. Ask how you can make some changes in your life.

As the calendar year draws to a close, this is also a good time to start planning ahead and think about what changes you're going to want to make in the coming months. Get ready to become a new version of yourself as you enter the new year.



December is the time of Yule so celebrations are in order. You can set up your altar with seasonal items like holly branches and pine cones.

As the days get shorter and Yule approaches with the longest night of the year, we force ourselves to get through the darkness, because eventually we will see the sunlight and warmth again.

### **Correspondences:**

**Colors:** White, red, and black

**Gemstones:** Obsidian, ruby, and serpentine

**Trees:** Pine, holly, and fir

**Gods:** Minerva, Osiris, Athena, Persephone, and Hades

**Herbs:** Ivy, mistletoe, holly and berries, and cinnamon

**Element:** Fire







## WIN A FREE PENTACLE OF THE BLACK ONYX NECKLACE!

1

Record a short video review of the magazine (be sure to show the magazine on your tablet, computer, in kindle or print)

2

Post it on Youtube and send the link to:  
[info@themoonlightshop.com](mailto:info@themoonlightshop.com)  
(include the link: <http://themoonlightpost.com> in the video description)

3

Get your new Pentacle of the Black Onyx necklace 100% free of charge.

ENJOY!



# I WAS BORN TO BE A WARRIOR CLOTHING

This shirt is for everyone who lives a life of honour, courage and self reliance.

On the back, it shows the Valknut surrounded by a powerful poem:

"I was born to be a warrior, I do not kneel for anyone, I do not beg my gods for help, I ask them to empower me, so I can help myself. I don't need nor ask the Gods for forgiveness. I was not born into sin. I was born to be a warrior."

Not everyone can wear this, but those who can will bear it with pride and honour.



The  
Moonlight Post

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